

QUARTERLY TRAINING - 4:2017 - BALTIC

LES MILLS

City	Date	Time	Program	Location	Trainer
TALLINN	05-dec	09:00 - 10:45	BODYPUMP®	MyFitness Balti Jaama	Siim Kelner
	05-dec	11:00 - 12:45	BODYJAM®	MyFitness Balti Jaama	Janni Lindgren
	05-dec	13:00 - 14:45	BODYBALANCE®	MyFitness Balti Jaama	Kersti Ojalill
	05-dec	15:00 - 16:15	CXWORX®	MyFitness Balti Jaama	Kersti Ojalill
	06-dec	09:00 - 10:45	BODYATTACK®	MyFitness Ülemiste City	Julia Pokosta
	06-dec	11:00 - 12:45	BODYCOMBAT®	MyFitness Ülemiste City	Eerika Kiuttu
	06-dec	13:00 - 14:45	BODYPUMP®	MyFitness Ülemiste City	Julia Pokosta
VILNIUS	09-dec	13:00 - 14:45	BODYPUMP®	People Fitness	Julia Pokosta