



## ADVANCED INSTRUCTOR MODULE TRAINING - 2017/2018

### OCTOBER

13-15 BODYPUMP®  
 20-22 RPM®  
 20-22 SH'BAM®  
 20-22 BODYPUMP®  
 20-22 BODYATTACK®  
 27-29 BODYCOMBAT®

Helsinki - FI  
 Stockholm - SE  
 Malmö - SE  
 Tallinn - ES  
 Stockholm - SE  
 Copenhagen - DK

### NOVEMBER

03-05 LES MILLS GRIT®  
 03-05 CXWORX®  
 03-05 BODYPUMP®  
 10-12 BODYBALANCE®  
 15-17 BODYSTEP®

Göteborg - SE  
 Copenhagen - DK  
 Warszawa - PL  
 Helsinki - FI  
 Helsinki - FI

### DECEMBER

15-17 BODYPUMP®  
 15-17 BODYBALANCE®

Oslo - NO  
 Stockholm - SE

### JANUARY

19-21 LES MILLS GRIT®  
 26-28 BODYPUMP®  
 26-28 BODYJAM®

Prague - CZ  
 Göteborg - SE  
 Copenhagen - DK

### FEBRUARY

02-04 BODYPUMP®  
 09-11 BODYSTEP®  
 09-11 BODYBALANCE®  
 16-18 LES MILLS GRIT®

Copenhagen - DK  
 Copenhagen - DK  
 Oslo - NO  
 Stockholm - SE

### MARCH

23-25 BODYPUMP®

Stockholm - SE

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