

FRIDAY 18.00-20.00 SUPERSTAR FINAL - MAIN HALL

SATURDAY	MAIN HALL	CYCLE STUDIO	GRIT ZONE
	<p>08.15-09.15 BODYPUMP® Romain, Sandra K, Cristine, Mathilda, Kenneth</p>	<p>07.45-08.30 THE TRIP™ 10 Kristin</p>	<p>08.30-09.00 GRIT® PLYO Elin H, Jarno</p>
	<p>09.30-10.30 BODYSTEP® Classic Romain, Julia Poh, Niko, Pernilla, Tor</p>	<p>08.40-09.25 THE TRIP™ 09 Adam</p>	<p>09.15-09.45 GRIT® PLYO Hanna Lu, Michael</p>
	<p>10.45-11.15 CXWORX® Elin H, Elise, Hanna Le, Pawel</p>	<p>09.30-10.15 THE TRIP™ 10 Emmy</p>	<p>10.00-10.30 GRIT® PLYO Emelie, Martin</p>
	<p>11.30-12.30 BODYCOMBAT® Rachael, Steve, Mika, Eerika, Szymon</p>	<p>10.20-11.05 THE TRIP™ 07 Kristin</p>	<p>10.45-11.15 GRIT® PLYO Erin, Mika</p>
	<p>12.45-13.45 BODYBALANCE® Arja, Lina, Elin A, Jim, Ragnhild</p>	<p>11.15-12.10 RPM® Jim, Ida</p>	<p>11.30-12.00 GRIT® STRENGTH Erin, Jonas</p>
	<p>14.00-15.00 BODYJAM® Erin, Dorotka, Mille Charlotte, Liselotte</p>	<p>12.15-12.45 LES MILLS SPRINT™ Jim, Pia</p>	<p>12.15-12.45 GRIT® STRENGTH Martin, Paya</p>
	<p>15.15-16.00 BODVIVE® 3.1 Tor, Arja, Mariah, Ragnhild, Marthe</p>	<p>13.00-13.55 RPM® Ditte, Jimmy</p>	<p>13.00-13.30 GRIT® STRENGTH Hanna Lu, Jonas</p>
	<p>16.15-16.45 GRIT® Cardio Erin, Romain, Steve</p>	<p>14.50-15.35 THE TRIP™ 09 Emmy</p>	<p>13.45-14.15 GRIT® STRENGTH Elin H, Martin</p>
	<p>17.00-17.45 SH'BAM® Rachael, Charlotte, Janni, Dorotka, Naja</p>	<p>15.45-16.30 THE TRIP™ 10 Adam</p>	<p>14.30-15.00 GRIT® STRENGTH Jarno, Filip</p>
		<p>16.40-17.25 THE TRIP™ 07 Emmy</p>	<p>15.15-15.45 GRIT® STRENGTH Michael, Jorge</p>
		<p>17.30-18.15 THE TRIP™ 10 Kristin</p>	<p>16.00-16.30 GRIT® STRENGTH Pernilla, Jorge</p>
		<p>18.20-19.05 THE TRIP™ 10 Adam</p>	<p>16.45-17.15 GRIT® STRENGTH Ida, Szymon</p>
		<p>19.15-20.00 THE TRIP™ 09 Emmy</p>	

Schedule Saturday