



**LES MILLS INITIAL TRAINING - NORWAY 2017**

**AUGUSTI**

05-06	BODYPUMP®	Oslo
05-06	BODYBALANCE®	Bergen
19-20	LES MILLS GRIT®	Oslo
19-20	BODYBALANCE®	Oslo
26-27	BODYPUMP®	Bodø

**SEPTEMBER**

23-24	RPM®	Oslo
23-24	CXWORX®	Oslo
30-01	BODYSTEP®	Oslo

**OKTOBER**

07-08	SH'BAM®	Oslo
14-15	BODYPUMP®	Trondheim
21-22	LES MILLS SPRINT™	Oslo
28-29	BODYATTACK®	Oslo

**NOVEMBER**

04-05	BODYVIVE®	Oslo
04-05	BODYBALANCE®	Stavanger

**DECEMBER**

16-17	BODYPUMP®	Oslo
16-17	CXWORX®	Oslo

**EVENT**

**02-03 SEPTEMBER  
LES MILLS LIVE - COPENHAGEN**

**ADVANCED INSTRUCTOR MODULE**

**15-17 DECEMBER  
BODYPUMP® DRAMMEN**

**09-11 FEBRUARY (2018)  
BODYBALANCE® OSLO**