



LES MILLS INITIAL TRAINING - NORWAY 2017

JUNI

| | | |
|-------|--------------|----------|
| 10-11 | CXWORX® | Oslo |
| 17-18 | BODYBALANCE® | Tolvsrød |
| 17-18 | BODYVIVE® | Oslo |

AUGUSTI

| | | |
|-------|-----------------|------|
| 05-06 | BODYPUMP® | Oslo |
| 12-13 | BODYBALANCE® | Bodø |
| 19-20 | LES MILLS GRIT® | Oslo |
| 19-20 | BODYBALANCE® | Oslo |
| 26-27 | BODYPUMP® | Bodø |

SEPTEMBER

| | | |
|-------|-----------|------|
| 23-24 | RPM® | Oslo |
| 23-24 | CXWORX® | Oslo |
| 30-01 | BODYSTEP® | Oslo |

OKTOBER

| | | |
|-------|-------------------|-----------|
| 07-08 | SH'BAM® | Oslo |
| 14-15 | BODYPUMP® | Trondheim |
| 21-22 | LES MILLS SPRINT™ | Oslo |
| 28-29 | BODYATTACK® | Oslo |

NOVEMBER

| | | |
|-------|--------------|-----------|
| 04-05 | BODYVIVE® | Oslo |
| 04-05 | BODYBALANCE® | Stavanger |

DECEMBER

| | | |
|-------|-----------|------|
| 16-17 | BODYPUMP® | Oslo |
| 16-17 | CXWORX® | Oslo |

EVENT

**02-03 SEPTEMBER
LES MILLS LIVE - COPENHAGEN**