



LES MILLS INITIAL TRAINING POLAND - 2017

MAY

06-07	BODYPUMP®	Warszawa
13-14	BODYCOMBAT®	Warszawa
20-21	BODYBALANCE®	Warszawa
20-21	LES MILLS GRIT®	Warszawa

JUNE

24-25	CXWORX®	Warszawa
24-25	BODYPUMP®	Warszawa

AUGUST

12-13	BODYPUMP®	Warszawa
19-20	LES MILLS GRIT®	Warszawa
19-20	BODYATTACK®	Warszawa
26-27	LES MILLS SPRINT™	Warszawa
26-27	BODYBALANCE®	Warszawa

SEPTEMBER

23-24	BODYPUMP®	Warszawa
23-27	BODYCOMBAT®	Warszawa
23-27	RPM®	Warszawa
30-01	CXWORX®	Warszawa

OCTOBER

21-22	BODYPUMP®	Wroclaw
28-29	SH'BAM®	Warszawa

EVENT

02-03 SEPTEMBER
LES MILLS LIVE - COPENHAGEN

For more information contact: paulina.antas@lesmills.com