

## LES MILLS GRUNDUTBILDNINGAR - SVERIGE 2017

### MAJ

06-07	BODYBALANCE®	Göteborg
06-07	BODYJAM®	Göteborg
06-07	CXWORX®	Göteborg
13-14	LES MILLS GRIT®	Göteborg
13-14	LES MILLS SPRINT™	Stockholm
13-14	BODYVIVE® 3.1	Stockholm

### JUNI

10-11	LES MILLS SPRINT™	Göteborg
16-18	BORN TO MOVE®	Stockholm
17-18	BODYPUMP®	Göteborg
17-18	BODYCOMBAT®	Göteborg

### JULI

01-02	CXWORX®	Stockholm
01-02	BODYBALANCE®	Stockholm
01-02	LES MILLS GRIT®	Stockholm
01-02	BODYPUMP®	Stockholm

### AUGUSTI

11-13	BORN TO MOVE®	Göteborg
12-13	BODYPUMP®	Göteborg
12-13	BODYATTACK®	Stockholm
19-20	RPM®	Göteborg
19-20	BODYBALANCE®	Göteborg
26-27	BODYSTEP®	Göteborg
26-27	BODYJAM®	Stockholm
26-27	CXWORX®	Göteborg

### SEPTEMBER

23-24	LES MILLS SPRINT™	Stockholm
23-24	BODYVIVE® 3.1	Göteborg
23-24	LES MILLS GRIT®	Göteborg
23-24	BODYPUMP®	Stockholm
30-01	SH'BAM®	Göteborg
30-01	BODYCOMBAT®	Stockholm
30-01	BODYBALANCE®	Stockholm

### OKTOBER

07-08	RPM®	Stockholm
07-08	CXWORX®	Stockholm
14-15	BODYPUMP®	Göteborg
21-22	BODYSTEP®	Stockholm
21-22	LES MILLS GRIT®	Stockholm
27-29	BORN TO MOVE®	Stockholm
28-29	BODYBALANCE®	Göteborg

### NOVEMBER

04-05	BODYATTACK®	Göteborg
11-12	BODYCOMBAT®	Göteborg
11-12	BODYPUMP®	Stockholm
18-19	CXWORX®	Göteborg
18-19	LES MILLS GRIT®	Göteborg

### DECEMBER

16-17	LES MILLS SPRINT™	Göteborg
16-17	LES MILLS GRIT®	Stockholm
16-17	SH'BAM®	Stockholm
16-17	BODYBALANCE®	Stockholm
16-17	BODYPUMP®	Göteborg

## MANAGEMENT UTBILDNING

11-12 MAJ  
GROUP FITNESS MANAGEMENT INTENSIVE

## EVENT

02-03 SEPTEMBER  
LES MILLS LIVE - COPENHAGEN